



"Practical Tips" Series: Alopecia

by Dr. Werthmann, Austria

One understands alopecia as baldness due to increased hair loss especially in the area of the scalp. There are different causes, which can lead to the hair loss. In alopecia androgenetica, a polygenic hereditary increased sensitivity of the hair follicle to androgens or an increased testosterone level of the blood is the cause for hair loss in men as well as in women. Alopecia areata, with a circular hair loss especially of the scalp is assumed to be caused by an autoimmune disease which can in some cases maybe hereditary within the family. Hairs at the edge of the area frequently exhibit a so-called exclamation point shape. The broken off hair becomes progressively thinner towards the follicle roots. Alopecia areata is often accompanied by changes to the nails and a depigmentation of the skin. Hair loss can also be caused by mechanical factors as seen in decubital alopecia in babies, and is as well caused by certain medicines. Secondary, alopecia

is often accompanied by strong seborrhoea.

Therapy recommended by Dr. Werthmann:

- Loosening of dandruff and epithelial layers through massaging the scalp with salicylic hair oil.

Rp.:

Acidum salicylic. 2.0-4.0
Oleum Oenantha biennis ("BIOFRID Plus" Evening Primrose Oil)
Oleum Ricini aa ad 100.0
to be rubbed into the scalp at night.

- Alkalise with ALKALA T tablets 2 x 1 daily for 10 days, then ALKALA N powder 2 x 1 teaspoon daily in warm water, orally.
- Rub the following two remedies into the affected areas (in the morning in daily alternation): PEFRAKEHL 5X drops and SANKOMBI 5X drops.

- LIPISCOR caps 2 x 1 daily
- MAPURIT caps 2 x 1 daily

Additional information:

According to location of the patches of alopecia the projection fields of single unhealthy teeth can be recognised at the hair roots. For instance: the correlating area for the liver is located at the shaved tonsure of the monks. Since the teeth are strongly correlated to the liver, an orthopantomogram of the teeth should be made (granuloma, root treatments, root resection) if alopecia is located in this area.

Liver remedies: PINIKEHL and SILVAYSAN.

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