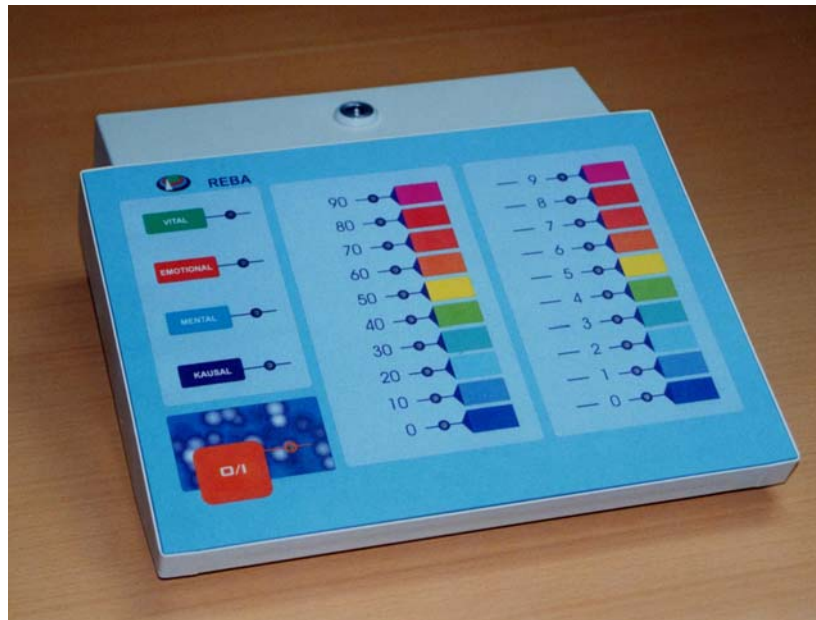


Reba Test Device

User Manual

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Package content and how to connect it:

The Reba test device comes in two pieces, the unit itself and a power supply. At this time the power supply comes only in a 230 volt version and requires a voltage converter for it's proper operation (available from electronic stores).

The power supply cable plugs into the left hand hole on the backside of the test device (power).

The spiral cable plugs into the right hand hole on the backside of the test device. The other end connects to the patient's free wrist.

Once everything is connected you start the machine by pressing the O/I touch button (bottom left hand corner). Three lights will turn on: KAUSAL – 30 – 3. This indicates that the instrument functions properly.

The Reba test device also comes with the Basic test kit and the Reba test kit. They contain vials that are needed for testing of the energy levels, the autonomic disturbances and emotional conflicts, plus additional features which are being taught in the seminar.

First step: the measurement of energy levels

For this test the patient will either stand, sit or lie down.

The practitioner changes the KAUSAL touch button to the VITAL button by touching it.

The 10% scale is set to "0" and you do the first muscle test. If the arm is strong you increment to 10%, then to 20, 30 and so on, until the arm becomes weak. This will stop the test at the VITAL level. The machine will remember the last value, so there is no need to write down the level yet.

Next you touch the EMOTIONAL button, start at 0% again and repeat the above procedure.

Next you touch the MENTAL button, start at 0% again and repeat the procedure.

Last you touch the KAUSAL button, start at 0% again and repeat the procedure.

This concludes the measurement of the energy levels. At this point you write down the values by touching all four level buttons in sequence.

Examples and explanations:

If you obtain figures like 80/70/90/40 (VITAL,EMOTIONAL,MENTAL,KAUSAL), the patient has very good energy levels. The closer you get to 90 or 99%, the higher the energy. The Kausal levels are usually lower than any of the other levels. This level deals with the deep subconscious.

If you obtain figures like 30/20/60/10, the patient is very low in energy overall, low in vitality, depressed and the consciousness is somewhat reduced, whereas in the subconscious there is

also very little energy. When dealing with low energy figures, you might also use the 1% scale, in order to obtain more specific values.

In most cases it is sufficient to use the 10% scale only.

Since most patients have their symptoms either on the vital or emotional level, check which one of these has the lower value.

Keep in mind that the energy that the patient lacks, has gone into a conflict, an autonomic disturbance or is due to geopathic stress.

Second step: where has the energy gone

Touch the button that has shown the lowest value on either the vital or emotional level. Set the 10% scale to 10% less than the recorded value. This will make the arm strong again during muscle testing.

Do not change this setting until you have found the specific autonomic imbalance and the related conflict!

At this point place the “Geovita” vial from the basic test kit into the hole on the top of the Reba test device. Muscle test the patient again. If the muscle remains strong, there is no evidence of geopathic stress. If the arm goes weak, the person under test is indeed subjected to geopathic stress. We will return to this point later.

Next you put the “Chavita” vials into the hole on the top of the test device. Start with number 1 until you reach number 7. Every time you find a weak muscle, **record the number**. This indicates that there is autonomic stress in the respective chakra.

Usually one will find only one chakra that is stressed, in rare cases two. If more than two chakras show weakness, the patient has severe psychological problems. This patient should be referred to the appropriate practitioner.

Third step: find the name of the conflict

For each chakra we have found a number of conflicts that are related to that particular chakra. Each specific emotion is related to only one chakra: i.e. fury is always related to chakra 3 and nowhere else.

So now it is very easy for you, to just pick the vials that are related to the chakras you found in the second step, put them in the hole of the machine, one after the other, and muscle-test them.

You have hit the right conflict when the arm goes weak!

The conflicts that keep the arm strong, are not the ones the patient deals with at the moment.!!

In an overview I give you the relations:

Chakra 1 goes with Emvita 1 to 4
 Chakra 2 goes with Emvita 5 to 7
 Chakra 3 goes with Emvita 8 to 11
 Chakra 4 goes with Emvita 12 to 16
 Chakra 5 goes with Emvita 17 to 18
 Chakra 6 goes with Emvita 19 to 24
 Chakra 7 goes with Emvita 25 to 28.

Note: It is always advisable to check through all the conflicts that go with a certain chakra, because sometimes you can find two conflicts in the same chakra that apply. It is also advisable to double-check the conflict that you have found because sometimes the patient is not quite “in his energy” and sometimes the therapist isn’t.

You can now look up the name of the conflict from the list in your review.

Chakra 1:

1st emotional remedy (Emvita (1): low self-esteem
 2nd emotional remedy (Emvita (2): Lack of concentration
 3rd emotional remedy (Emvita (3): lack of strength
 4th emotional remedy (Emvita (4): Extremely self controlled

Chakra 2:

5th emotional remedy (Emvita (5): nervousness
 6th emotional remedy (Emvita (6): somatized fears, anxiousness
 7th emotional remedy (Emvita (7): defiance

Chakra 3:

8th emotional remedy (Emvita (8): Isolation
 9th emotional remedy (Emvita (9): fury, anger
 10th emotional remedy (Emvita (10): greed
 11th emotional remedy (Emvita (11): frustration

Chakra 4:

12th emotional remedy (Emvita (12): overextension
 13th emotional remedy (Emvita (13): deeply hurt
 14th emotional remedy (Emvita (14): lack of hope
 15th emotional remedy (Emvita (15): broken hearted
 16th emotional remedy (Emvita (16): Panic

Chakra 5:

17th emotional remedy (Emvita (17): feeling shocked, frozen feelings
 18th emotional remedy (Emvita (18): victim

Chakra 6:

19th emotional remedy (Emvita (19): lack of courage
 20th emotional remedy (Emvita (20): false pride

21st emotional remedy (Emvita (21): hyperactive

22nd emotional remedy (Emvita (22): Unrest,

23rd emotional remedy (Emvita (23): Tenseness

24th emotional remedy (Emvita (24): Discomfort

Chakra 7:

25th emotional remedy (Emvita (25): closed, unyielding

26th emotional remedy (Emvita (26): materialism

27th emotional remedy (Emvita (27): Not wanting to see reality

28th emotional remedy (Emvita (28): judgemental

Fourth step: Measuring the size of the conflict

Once you have found the conflict – while testing through the vials of the basic testkit – this is now the moment where the Reba testkit comes in.

The Reba testkit has 28, mostly coloured vials, that are called “Testmittel”.

These Testmittel are all mothertinctures of herbs and other substances.

Each Testmittel represents exactly one conflict.

(For example: Coca represents a conflict with the name “lack of self-esteem”, while Tabacum represents the conflict ”greed” a.s.o.

You use these Testmittel only in combination with the Reba machine.

For this purpose you pick the Testmittel with the same number as the conflict you have found. So, if you have found e.g. Emvita 9 as a conflict, you pick Testmittel 9 for further testing; if you found Emvita 15 as a conflict, you pick Testmittel 15 a.s.o....

You put this vial into the hole of the machine.

By doing this, the focus is now on the conflict.

You can now “use” your patient as a surrogate for testing the conflict.

And now is the point where you leave the level that you kept up so far.

You start testing again through all the levels, starting with the VITAL at 0.

You go through all the buttons, with 10,20, 30.... Until you reach the point where the muscle turns weak.

Then you change to the EMOTIONAL level, and do the same test again.

Then comes the MENTAL level, and finally the KAUSAL level.

So now you have again four figures on the machine, but this time the figures indicate the energy of the conflict.

Remarks and explanation:

You might for example get results like 70/60/10/30 for the conflict.

This indicates that the conflict has an energetic load of 70% vital energy – an energy that originally belonged to the patient, and will go back to the patient if we start treating the conflict, and melt it step by step.

This lack of vital energy can be felt by the patient, and it helps him a lot to know that this amount of energy will come back to him, once the remedies have done their work.

The conflict also has a load of 60% emotional energy – or good mood, as you might say, that also belongs to the patient. This fact can also be felt by the patient.

The patient in this example has only little consciousness (10%) for this conflict. That is why the conflict is “living “ so good. Mostly you will find low levels of mental energy in the conflict – this is why it is so important to do the test. Testing helps to discover things, that you might have never thought of.

Our therapeutic work is to increase the level of consciousness by naming the conflict, so it can't disappear in the dark any longer, by giving the patient affirmations – the so-called “positive sentences”, and by prescribing the fitting Emvita and Chavita (and Geovita, where it is necessary).

The kausal level of the conflict indicates how long it will take to “melt” this conflict.

The conflict is always melted in steps of 20%. We usually need one bottle of Chavita and one bottle of the Emvita to melt 20% of the causal level of a conflict.

So if a conflict has a causal level of 40% it takes two bottles each, with a conflict of 60% causal you would need three bottles each and so forth..

When the patient comes back after six weeks, we can measure the success of our therapy exactly on that level. The kausal figure of the conflict must go down, if we have picked the right treatment.

Fifth step: Finding out about the effects of medicaments

If we have all results on a piece of paper – or the Reba test sheet, and after having discussed the results with the patient, we have to go back to the level, where most of the patient's energy lacks – so again, it's either VITAL or EMOTIONAL.

We need this level to figure out what medicaments can do for our patient.

We can pick any medicaments that we want to give him or her – it can be vitamins, minerals, allopathic medication, homeopathic medication, herbs, flower remedies a.s.o.

We put these remedies, either one after the other, or together, if we want to check the synergistic effects, into the energy field of the patient.

Usually, if the patient is lying down, you simply put the remedies on his abdomen.

And then you test this level again, and see, how these remedies change the energy of the patient.

If you have picked “good” remedies, the energy level of the patient should go up to 80% or more.

No remedy that you intend to prescribe should reduce the energy level of the person!!

Otherwise you will have side- effects, and the patient would be worse.

This test is a very elegant method of “foreseeing” the effects of a drug that you might be willing to prescribe. If it improves the person’s energy level, do so, it will be fitting for the person, if it makes the person weaker, don’t do it!!

Sixth step: How to deal with geopathic stress

If you have a person suffering from geopathic stress – you remember, that was the first vial that you put in the hole at the beginning of the test – you can advise him or her to let a dowser check his bedroom.

Additionally, or if there is no dowser at hand, that you can rely on, you can do another test to locate the segments where the geopathic stress zone is active.

You ask the patient to sit up, and ask him, to take the “Geovita” vial in his hand. For testing you use the other arm of the patient. The arm has to be straight, hold out at the side of the body.

With the first test in this position the arm should go down. (Weak muscle).

Then you ask the patient to hold the hand with the vial in front of his pelvis, at the position of the first chakra. Then you test again.

If the **muscle is strong**, then there is **no geopathic stress** in the pelvis region.

Next the vial is held in front of the lower abdomen – second chakra

Then in front of the upper abdomen – third chakra

Then in front of the chest – fourth chakra

Then in front of the throat – fifth chakra

Then in front of the forehead – sixth chakra

Then at the top of the head – seventh chakra.

Where the arm is weak, there you have a geopathic stress zone.

By this simple test you can draw a sketch of the segments that are most affected.

And you can tell the patient where the safe zones are.

He has to move his bed to the safe zones!!

There is no use in using any absorbents to alter the geopathic stress zones. There are no mattresses, ropes, bottles, signs, cork, pyramids or other material, that can be helpful.

The only, really only thing that can help, is to move away from the stress zone!!!!

But there are other things, that you have to keep an eye on, concerning the bedrooms:

Remove all electricity from the bedroom.

Remove all computers, cellular phones, television, stereo players from the bedroom.

Remove all electric clocks from the bedroom.

Turn out the fuse for the bedroom at night – if possible.

Avoid carpets in the bedroom that load electrostatically.

Avoid metal beds.

These rules have to be obeyed very strictly, if a person is severely ill. (e.g. rheumatism)
If people suffer from geopathic stress, but do not yet have any symptoms on the physical level, you should still move the bed, but you need not obey the other rules that strictly.

It is general knowledge that the sicker a system is, the more you have to be careful.
The healthier a system is, the more it is able to regulate and compensate.

When you change a bedplace, you have to keep in mind that the body will react to this change. (as it reacts to changes like holidays etc.)

In order to make the “change reaction” more smooth, it is advisable to give the patient “Geovita drops” for about four to six weeks, in a quantity of 2 x12 drops per day, directly on the tongue. (Children take half the quantity, in juices, if they do not like the taste of the drops.)

Six to eight weeks after moving the bed, you can check again, if the patient still reacts to the “Geovita” vial. If he does, there could be another geopathic stress zone at the place where he works, or there is “something” on the new zone where you advised him to move his bed to. Then you have to go through the whole test again.

But mostly, people are okay then – and they feel much more lively after the change.

Generally, you should do a control test only after six to eight weeks, because it always takes some time to work on the conflicts, and changes are not seen from one day to the other.

Wishing you success – and happy patients. Ulrike.

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For educational and/or information only in directions.

May be used as a guide to restore balance within the body and mind, so that it can heal itself. Neither the unit or literature - directions to operate it are intended to diagnose, cure, treat, mitigate or prevent any disease or body/mind condition.

Consult your medical doctor/practitioner for any medical problems or advice. Not to be used in pregnancy or nursing.